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# SPECIFIC MEASURES OF VERBAL MEMORY PERFORMANCES MAY DISTINGUISH ALZHEIMER'S DISEASE FROM DEMENTIA WITH LEWY BODIES

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#### Objective

To comprehend if specific measures of verbal memory (learning, forgetting and serial position effects) in a widely used specific cognitive task (**Rey's Auditory Verbal Learning Task [RAVLT]**) could increase diagnostic accuracy of dementia with Lewy bodies (DLB) from AD. <sup>1</sup> Department of Neurosciences, University of Padova, Italy
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## Specific <u>Verbal Memory Measures</u> calculated from the RAVLT:

#### Method

32 AD and 29 DLB patients were enrolled in the study and followed longitudinally for 3 years until the diagnosis were made. 28 normal elderly subjects served as controls (NC). All subjects underwent a baseline neuropsychological assessment including the RAVLT.

### **Specific verbal memory measures were evaluated:**

#### ✤ Verbal learning (VL)

[immediate recall test: trial 5 minus trial 1]

Verbal forgetting (VF)

[trial 6 of delayed recall minus trial 5 of immediate recall]

## Percentage of verbal forgetting (%VF)

[verbal forgetting/trial 5 \*percentage]

The serial position effects of immediate recall [first and last 4 list-item of trial 1]

## Results

The performances of DLB and AD were evidently comparable in the immediate and delayed recall of the RAVLT (IC=95%).





- Regarding the verbal memory measures, DLB had a higher VL than AD (p<0.05) and AD obtained a greater %VF than DLB (p=0.001).</p>
- Logistic regressions demonstrated that %VF may be considered a predictive marker of the type of disease (T=-0.02, Wald (1)=4.85, p=0.028).
- ♦ With a cut-off of ≥75% at the %VF, 58% of AD versus 21% of DLB patients lying above the cut-off.
- Considering the serial position effects, a different recency effect between AD and DLB was found (p<0.05), with an increasing slope at the end of the curve for the AD and reduction for the DLB.

#### Discussion

The Percentage of verbal forgetting index may be considered a **predictive marker of the type of disease (AD or DLB).** Moreover, the %VF together with the **verbal learning** and **recency effect**, are measures that could help in differentiate DLB from AD.



