# Frontotemporal dementia in the Marche region: an attempt to estimate incidence and prevalence.

F. Girelli<sup>1</sup>, R. Angeloni<sup>2</sup>, S. Baldinelli<sup>1</sup>, G. Cacchiò<sup>3</sup>, V. Cameriere<sup>1</sup>, L. De Dominicis<sup>4</sup>, M. Del Pesce<sup>5</sup>, C. Fiori<sup>1</sup>, S. Grottoli<sup>6</sup>, F.O.Logullo<sup>7</sup>, M. Morante<sup>6</sup>, A. Moretti<sup>6</sup>, C. Paci<sup>3</sup>, I. Paolino<sup>2</sup>, E. Pucci<sup>4</sup>, M. Ragno<sup>3</sup>, M. Signorino<sup>2</sup>, M. Silvestrini<sup>1</sup>, L. Provinciali<sup>1</sup>, S. Luzzi<sup>1</sup>



1Centre for Cognitive Impairment and Dementia, Clinic of Neurology, Polytechnic University of Marche (Ancona);

2UOC Neurology, ASUR Marche Area Vasta 4 (Fermo);

3UOC Neurology, ASUR Marche Area Vasta 5 (San Benedetto del Tronto);

4UOC Neurology, ASUR Marche Area Vasta 3 (Macerata);

5UOC Neurology, ASUR Marche Area Vasta 2 (Senigallia);

6Centre for Cognitive Impairment and Dementia, ASUR Marche Area Vasta 1 (Pesaro-Fano).

## Background

Frontotemporal dementia is a group of heterogeneous neurodegenerative disorders, less frequent than Alzheimer's Disease but a common cause of young-onset dementia. About 25% of cases are latelife onset. Population studies are rare. The estimated incidence is 2.7–4.1/100,000 and prevalence is 15–22/100,000 with nearly equal distribution by gender. FTD is frequently familial and hereditary. Five genetic loci for causal mutations have been identified, all showing 100% penetrance. Up to now non-genetic risk factors are missing. There is still need for descriptive populations studies, to fill gaps in our knowledge about FTD distribution.

## Objective

The aim of the present project is to estimate incidence and prevalence of FTD among the population of Marche region of Italy.

### Methods

All Dementia and Cognitive Disturbance Centres (CDCD) of the Marche Region were involved in this project. They were asked to fill a form for each new patient with a diagnosis of FTD. The form addressed several points: clinical history, neuroimaging, genetical analysis and family history. Recruitment started in September 2015. Preliminary data are calculated on a nine month period: forms were available from 6 out 9 centers.

#### Results

A total of 15 new cases were recruited in the 6 CDCDs leading to an incidence of 9.4/100.000 subjects/six months. 11 patients were diagnosed as bvFTD, 2 patients as PNFA, one by PNFA/CBD, and one by bvFTD/SD. A positive family history for dementia was present in 7/15 patients. Genetical analysis was available in 7 patients and did not reveal known mutations, even in two patients showing family history for dementia.

#### References

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