

# ROLE OF MICRORNAs AND MUSCLE IMAGING IN LIPID STORAGE MYOPATHIES



V PEGORARO PhD, D TAVIAN PhD, S MISSAGLIA PhD, C ANGELINI MD  
San Camillo Hospital IRCCS, Venice, Italy  
Milano

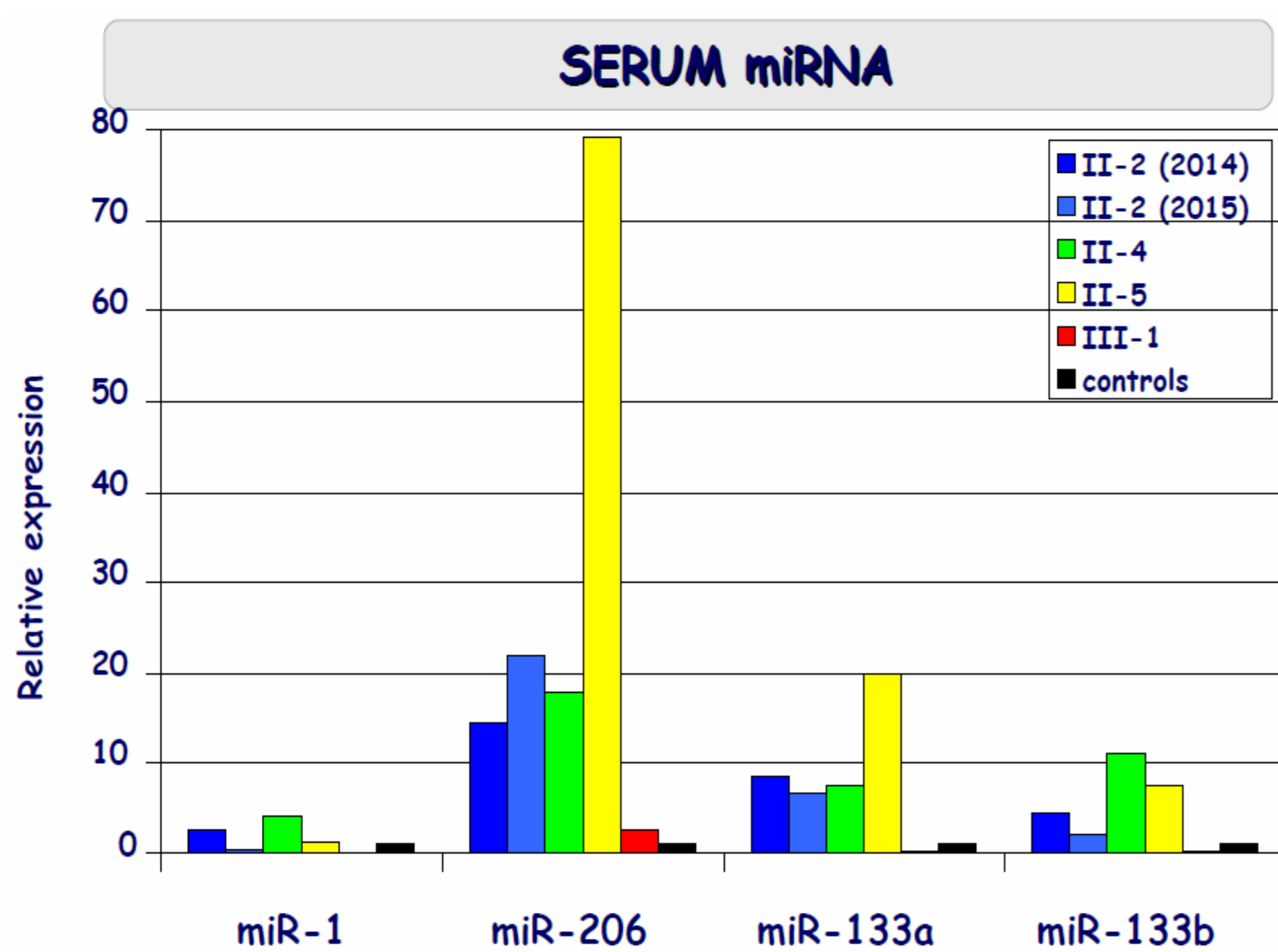
## Introduction:

**Neutral lipid storage disease with myopathy (NLSM)** is a rare autosomal recessive disorder caused by mutation in the PNPLA2 gene, encoding an adipose triglyceride lipase (ATGL), containing an N-terminal patatin-like domain that is common in many acyl-hydrolases. The protein has 88% homology to mouse desnutrin. NLSM is characterized by an accumulation of triglycerides into cytoplasmic lipid droplets. About 30 cases are reported in the literature, mostly with progressive muscle weakness involving both proximal and distal limb muscles. NLSM patients are mainly affected by myopathy, cardiomyopathy and hepatomegaly, but clinical severity is highly variable.

**MicroRNA (miRNA)** are single stranded non-coding RNA which function is post-transcriptional regulation of target mRNA of multiple genes. MiR-1, miR-206, miR-133a are increased in serum of DMD, BMD, LGMD, suggesting their role in muscle regeneration. MiRNA are stable with exercise at difference with CK.

## Results:

The index case (Pt. II-2) presented at age 39 with a broad base gait and upper girdle muscle weakness with inability to raise arms horizontally. MRC was 4/5 in deltoid, biceps, triceps, pectoral muscles, he had kyphosis and weak tendon reflexes. A first deltoid muscle biopsy at age 39 showed lipid storage myopathy (LSM). CK was 922 U/L; low plasma carnitine was found. A second quadriceps muscle biopsy at age 40 years showed a milder LSM and Jordan's anomaly on blood smear. Although he was treated with steroids and carnitine, his myopathy slowly progressed. At 56 years of age, he could walk but not lift arms. His younger brother (Pt. II-5) presented at age 35 with calf hypotrophy, pes cavus, scoliosis, upper limb muscle weakness, winging scapulae, and CK=1390 U/L; his quadriceps muscle biopsy at age 37 showed LSM and Jordan's anomaly in leukocytes. At age 50 he presented bilateral calf atrophy and difficulty lifting arms.



Pts. II-2, II-4, II-5 had over 5-fold increased expression of *miR-206*, *miR-133a*, *miR-133b* as compared to control. This elevation was not found in one heterozygous carrier (pt. III-1). The levels of *miR-133b* (marker of residual muscle mass) and *miR-206* (marker of muscle regeneration potential), correlated with clinical severity.

## Conclusions:

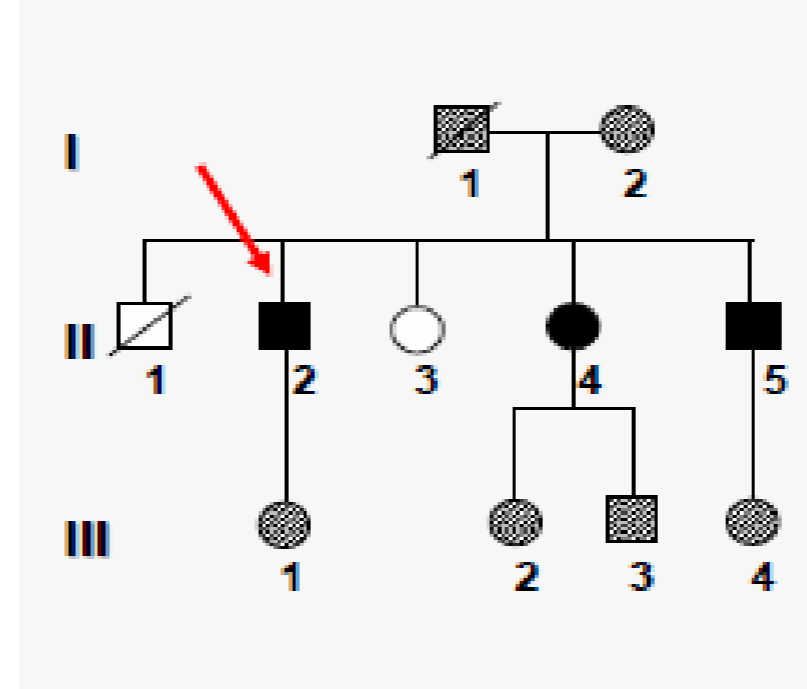
- The expression levels of serum miR-206 and miR-133a resulted higher in Pt. II-5 as compared to Pt. II-2 and II-4 (affected) as well as in the heterozygous carrier Pt. III-1.
- Circulating myo-miRNA are biomarkers of muscle differentiation (miR-206) and of regeneration potential (miR-133a).
- There is an inverse correlation between atrophy demonstrated by muscle imaging and myo-miRNAs, which can be used as non-invasive biomarkers of disease severity.
- The clinical and molecular aspects on NLSM are not fully characterized, but insight from such results are important both to understand mechanism of muscle atrophy and cellular content of triglycerides in muscle fibers.
- In clinical trials the effect of the use of medium-chain-triglyceride to decrease triglyceride storage can be monitored by muscle imaging and myo-miRNA expression.

## Methods:

**Patients:** We studied a family of 4 members in which the severity of clinical features were highly variable. In two male siblings aged 61 and 50 there was an asymmetric distal myopathy, while in a 58 years old woman hepatosteatosis, diabetes were the main signs, they have two heterozygous ATGL mutations

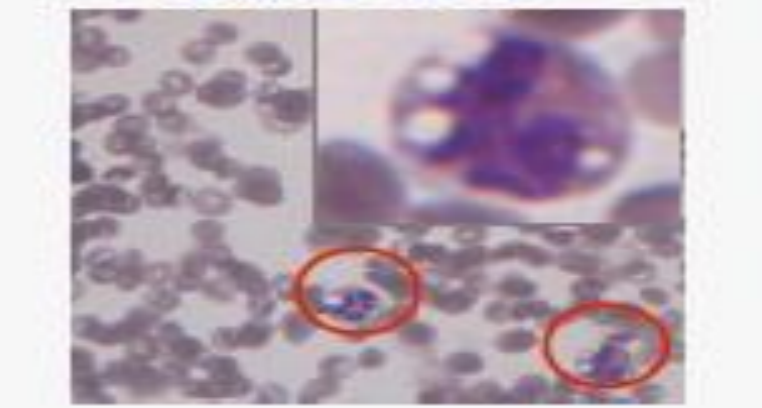
Three family member and one carrier were studied: three muscle biopsies were done, in two male siblings. In the 61 years old man a muscle imaging by Whole body CT was done, while the 50 year old brother was subjected on MRI. We studied the expression of **muscle-specific miRNA (myo-miRNA)** in serum of 4 family members with NLSM

## FAMILY PEDIGREE



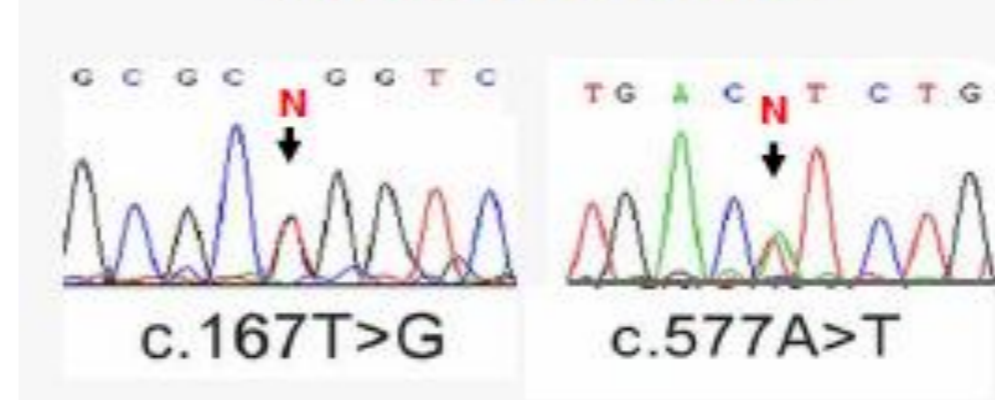
Family Pedigree: affected patients are showed in black

## PERIPHERAL BLOOD



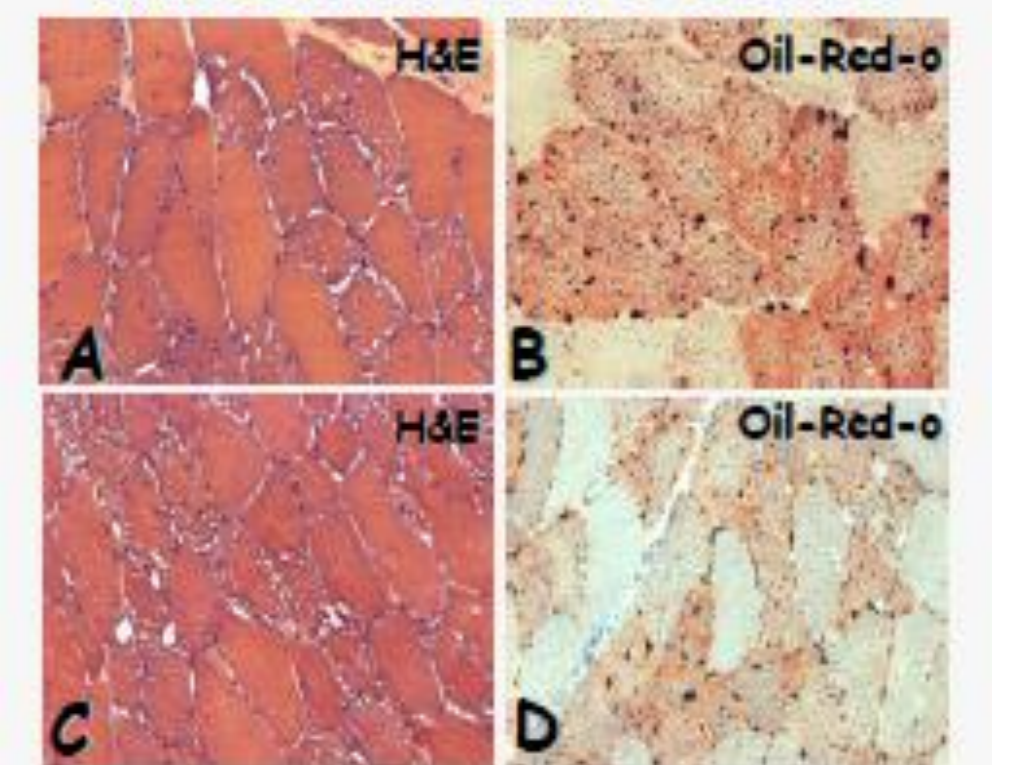
Blood smear showed **Jordan's anomaly** (lipid droplets) in leukocytes from Pt. II-2

## PNPLA2 GENE MUTATIONS



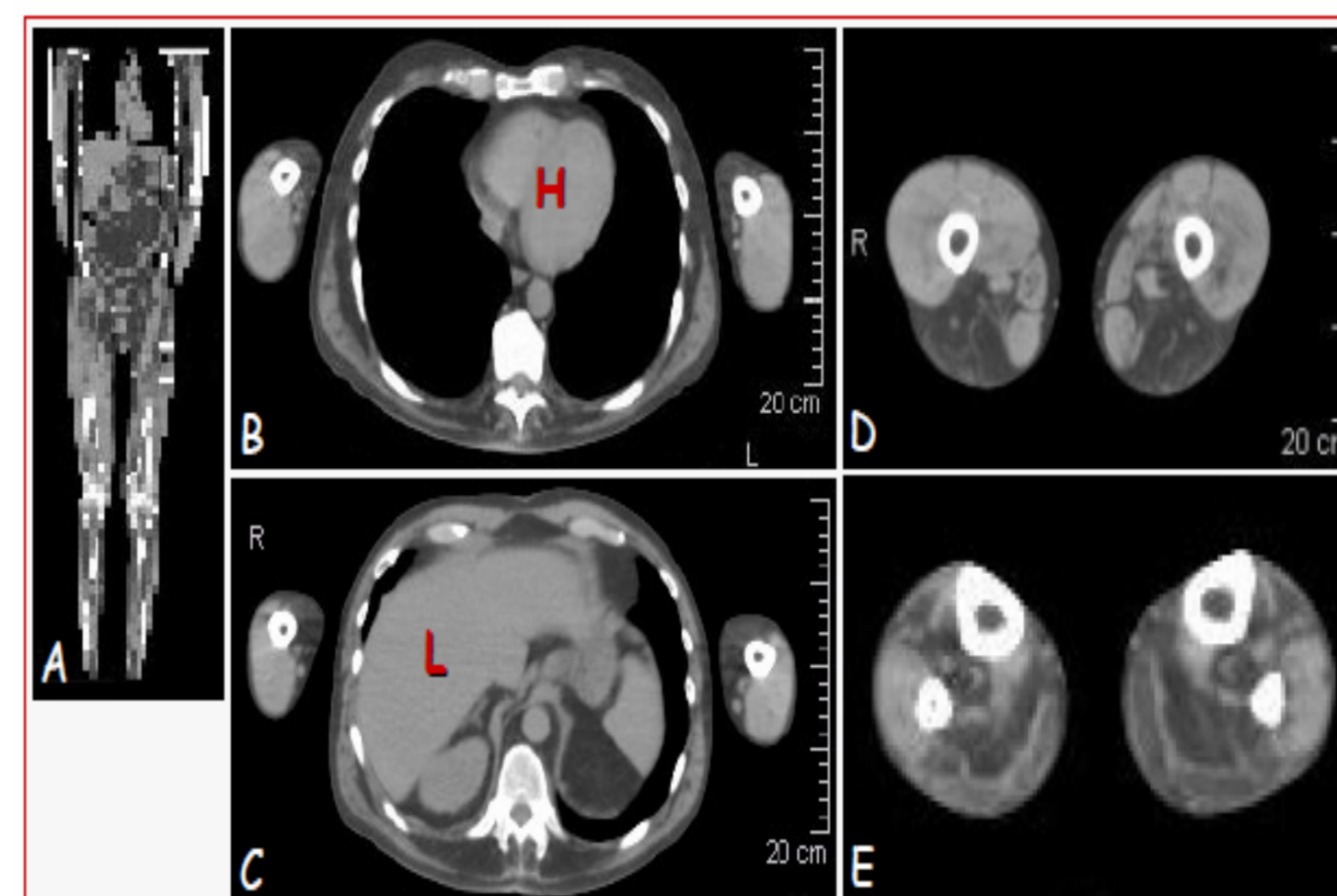
DNA sequencing showed 2 compound heterozygous mutations in **PNPLA2** gene: c.167T>G, p.L56R in exon 2, and c.577A>T, p.I193F in exon 5.

## MUSCLE BIOPSIES



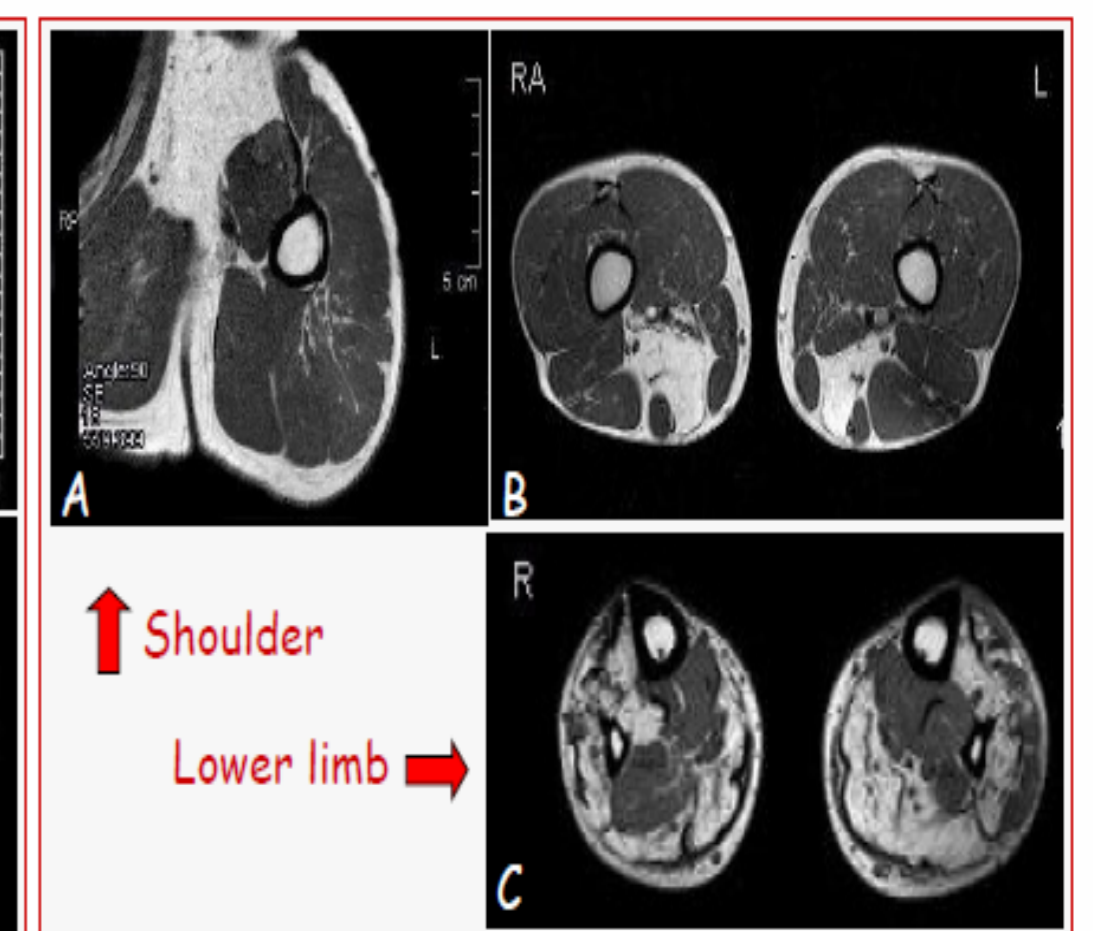
Muscle biopsy from Pt. II-2 (A,B) and Pt. II-5 (C,D) showed vacuoles filled with lipid droplets.

## Total body CT scan of Pt. II-2



Total body CT scan (A) showed fibro-fatty replacement of biceps brachii muscle (B,C), globous heart (B), fibro-fatty replacement of posterior muscles in the thigh (D), such as semimembranosus and semitendinosus (D) and in the leg (E) such as gastrocnemius, median and lateral in the calf (E). Vastus lateralis is relatively spared.

## Total body MRI of Pt. II-5



Total body MRI showed relative preservation of deltoid muscle (A), fibro-fatty replacement of posterior muscles in the thigh (B) such as adductor major and leg (C) such as gastrocnemius medialis and lateralis (C), especially on the left.

## BIBLIOGRAPHY

- Missaglia S, Tasca E, Angelini C, Moro L, Tavian D. Novel missense mutations in PNPLA2 causing late onset and clinical heterogeneity of neutral lipid storage disease with myopathy in three siblings. *Mol Genet Metab*. 2015 Jun-Jul;115(2-3):110-7. doi: 10.1016/j.ymgme.2015.05.001.
- Angelini C, Nascimbeni AC, Cenacchi G, Tasca E. Lipolysis and lipophagy in lipid storage myopathies. *Biochim Biophys Acta*. 2016 Jul;1862(7):1367-73. doi: 10.1016/j.bbdis.2016.04.008.
- Angelini C, Tavian D, Missaglia S. Heterogeneous Phenotypes in Lipid Storage Myopathy Due to ETFDH Gene Mutations. *JIMD Rep*. 2017 Apr 30. doi: 10.1007/8904\_2017\_27.