

An Atypical case of Posterior Reversible Encephalopathy in a Multiple Sclerosis Patient

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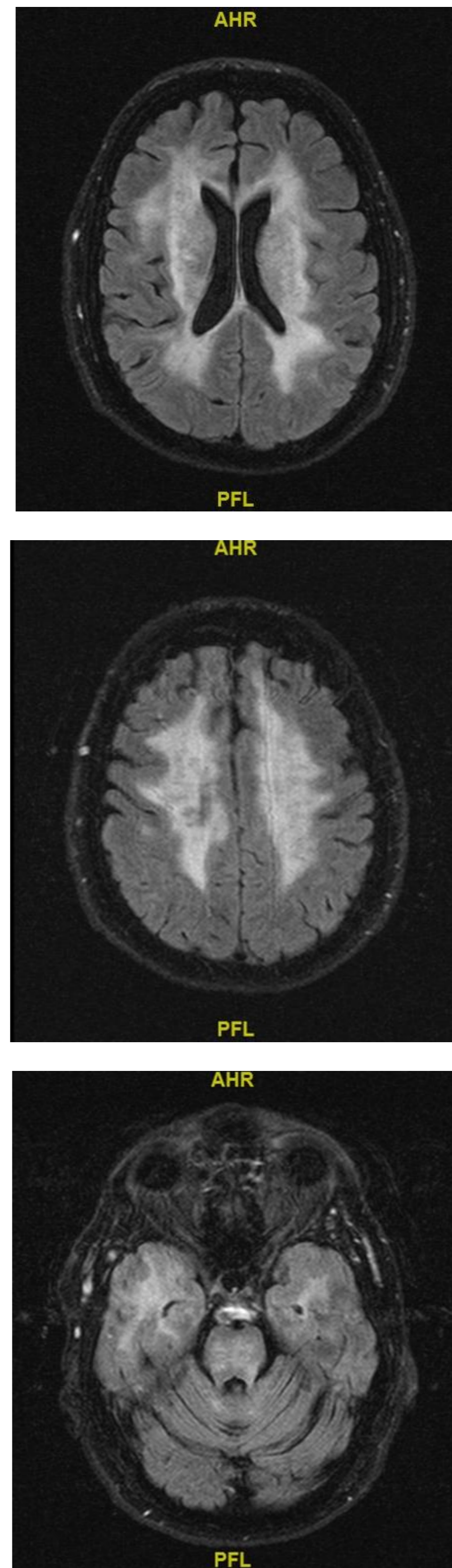
Introduction

Subacute headache onset, altered mental status and occasionally other focal neurological signs characterize posterior reversible encephalopathy syndrome. Imaging studies reveal bilateral vasogenic edema in the white matter of parieto-occipital lobes, but changes can also be seen in frontal and temporal lobes, brainstem, cerebellum, cortical as well as deep gray matter

Case Report

A 53-year-old caucasian man affected by relapsing remitting Multiple Sclerosis from 1996 and treated with interferon-beta for fifteen years. In October 2016 he came to our ED for an episode of loss of consciousness, that lasted few minutes, followed by confusion. At admission BP was 200/110 mmHg. Head CT-scan demonstrated a diffuse white matter hypodensity with a lacunar area in the brainstem. Blood tests evidenced thrombocytopenia (92 x 10.e3) and kidney failure (creatinine 3,02 mg/dl) (TAB.1). Neurological examination revealed cognitive impairment, delirium, gait instability and right lower limb weakness. A treatment with alpha-adrenergic blockers was started and interferon was suspended. Cerebral MRI revealed diffuse bilateral sovratentorial and periventricular T2 hyperintensities (FIG.1). It was not possible to use MRI contrast due to kidney failure. An oculistic examination demonstrated hypertensive retinopathy (grade 4); abdomen and cardiac ultrasonography, ANA, ENA profile, pANCA, cANCA were normal. An electroencephalogram showed aspecific electric fronto-temporal alterations. NOTCH 3 mutations were absent. After few days cognitive status, thrombocytopenia and kidney failure improved and the patient was discharged at home in stable conditions

FIG.1 MRI acute event



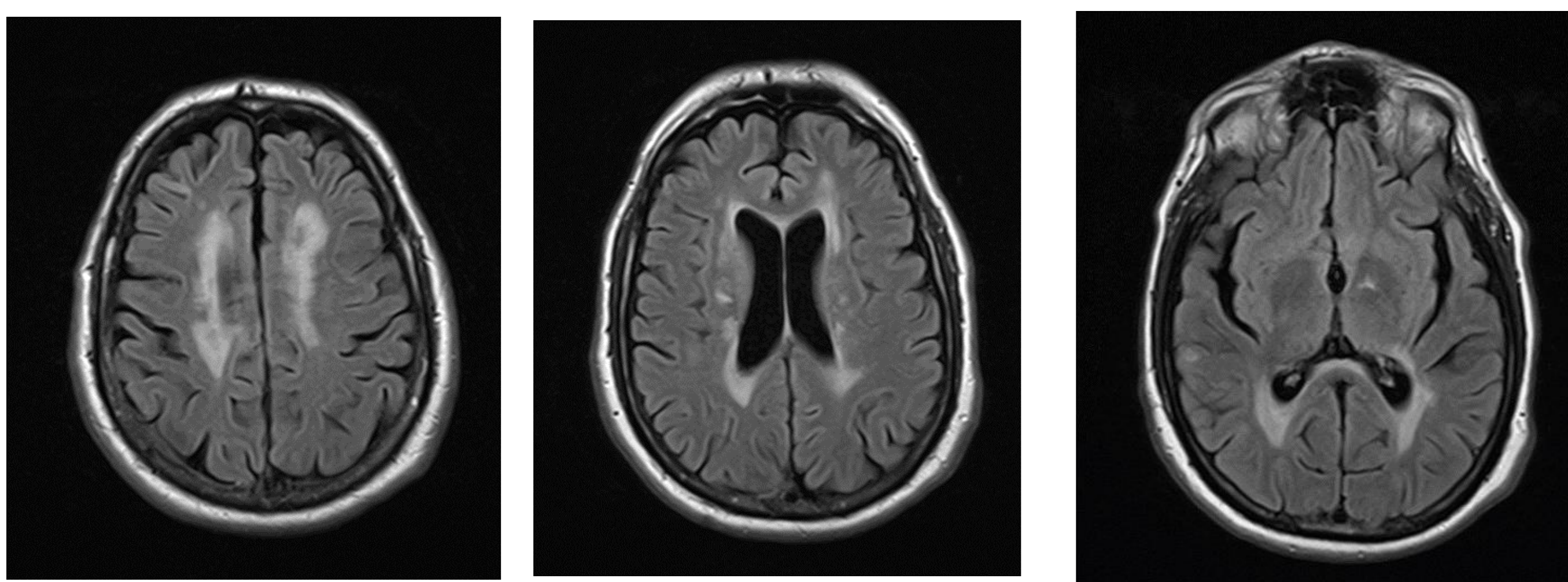
WBC	7,59	4,30 – 10,80
Platelets	99	140- 400
Azotaemia	41 mg/dl	5-25
Creatinine	3,02 mg/dl	0,70- 1,25
LDH	319 U/L	115-220
PTH	53,00 pg/ml	5,50-38,40
Vit. B12	409 pg/ml	180-914
Vit. D	19,30 ng/ml	30-100
Folic Acid	1,80 ng/ml	3,10-17,50

C3 e C4	Normal
Ig A, Ig G, Ig M	Normal
ANCA	Negative
ANA	Negative
Ab anti dsDNA	Negative
Thyroid function	Normal
Cryoglobulins	Absent

NOTCH 3	Negative
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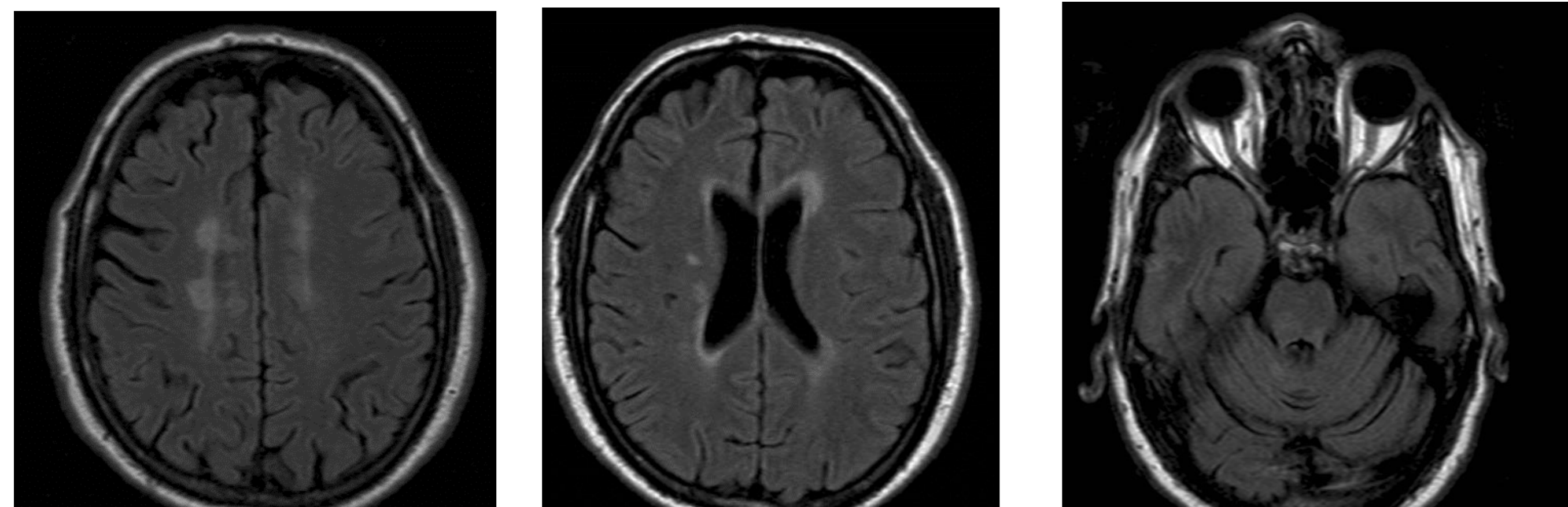
TAB.1 Blood Samples acute event

FIG.2 MRI follow- up at three months



Blood samples performed after three months showed normal values of platelets and creatinine improvement (TAB.2). MRI showed a drastic reduction of hyperintensities bilaterally, few T2 hyperintense periventricular lesions with confluent aspect and a right lacunar pontine area (FIG.2). Neurological examination revealed a normal cognitive status, absence of delirium but an important worsening of gait (possible only per few meters, patient in wheelchair).

FIG.3 MRI 2012



We did a comparative analysis with patient's MRI during the years and the last one was comparable to those taken from 2000 to 2015, before the acute event (FIG.3)

Hb	13,7	13-18
WBC	10,4	4,30 – 10,80
Platelets	192	140- 400
Azotaemia	75 mg/dl	5-25
Creatinine	2,47 mg/dl	0,70- 1,25

TAB.2 Blood Samples at follow-up at three months

Conclusions

In this case the patient presented a diffuse vasogenic edema probably due to the toxic effect of Interferon, which causes hypertension and kidney injury. The clinical course and imaging findings resulted to be highly consistent with an atypical posterior reversible encephalopathy syndrome. In fact, removing the pathogenic noxa led to a restitution *ad ante* of the MRI images

References

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