

Efficacy of Daclizumab Beta vs Intramuscular Interferon Beta-1a on 24-Week Sustained Disability Progression Using a Modified Multiple Sclerosis Functional Composite

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P385

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INTRODUCTION

- Changes have been proposed to the Multiple Sclerosis Functional Composite (MSFC) to improve its use as an outcome measure.^{1,2,3}
- One such change replaces the 3-second Paced Auditory Serial Addition Test (PASAT-3) with the Symbol Digit Modalities Test (SDMT), which is easier/faster for patients, does not depend on math ability and has smaller practice effects.^{1,2}
- Analysing MSFC progression based on worsening of any MSFC component has been proposed by Rudick et al.³

OBJECTIVES

- Examine disability progression in DECIDE using a modified MSFC (MSFCS) comprising the Timed 25-Foot Walk (T25FW), 9-Hole Peg Test (9HPT) and SDMT.

METHODS

- Patients received daclizumab beta (daclizumab)* 150 mg subcutaneous every 4 weeks or interferon (IFN) beta-1a 30 mcg intramuscular (IM) once weekly for ≥96 weeks (maximum 144 weeks).⁴
- Sustained MSFCS progression (defined as ≥20% worsening in T25FW, ≥20% worsening in 9HPT [mean of both hands]³ or ≥4-point decrease in SDMT,⁵ sustained for 24 weeks) was examined post hoc in the intention-to-treat (ITT) population and in patient subgroups based on Baseline patient characteristics (Table).
- Additional analyses included examining MSFCS progression using a ≥20% worsening in the 9HPT for the dominant hand only, or for either the dominant hand or the non-dominant hand.

RESULTS

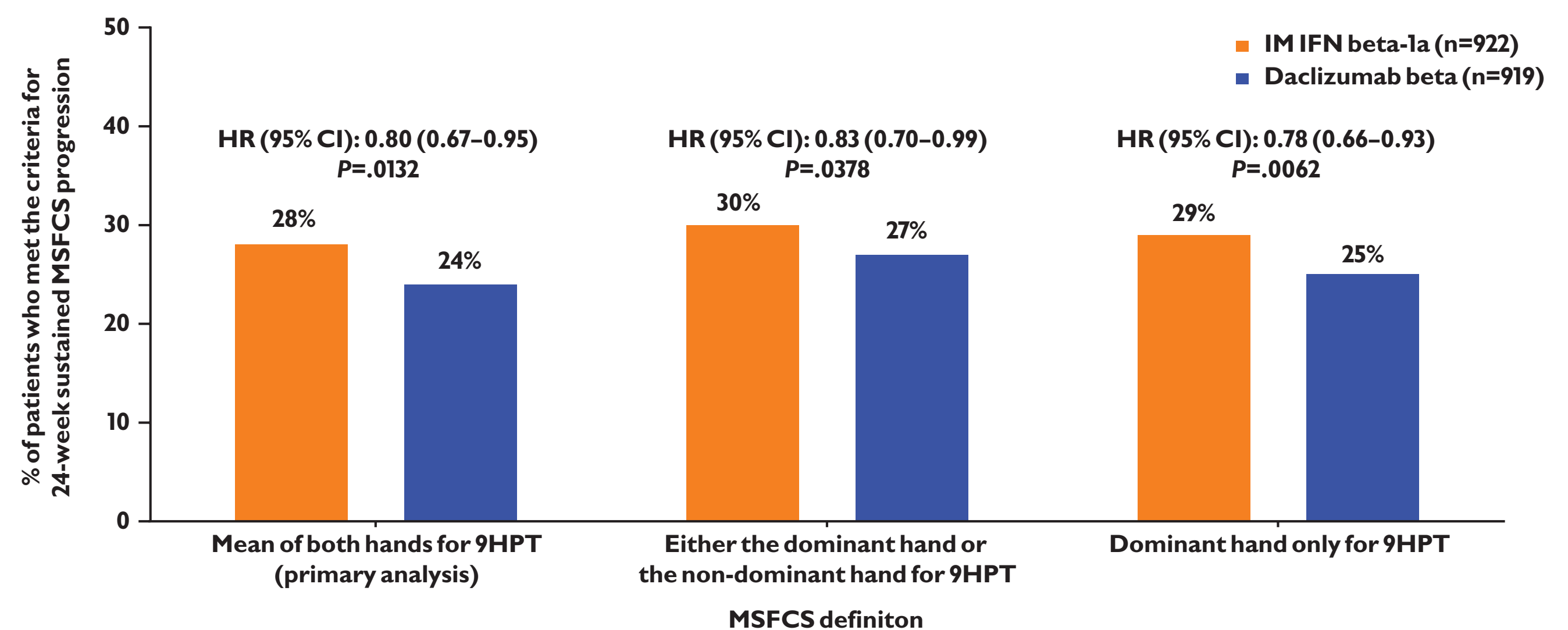
- Baseline demographic and clinical characteristics were similar between treatment groups (Table).
- In the overall population, 24% (259/919) of daclizumab beta patients and 28% (259/922) of IM IFN beta-1a patients met the criteria for 24-week sustained MSFCS progression (Figure 1).
- Of patients who progressed, MSFCS progression was driven most commonly by the SDMT (IM IFN beta-1a, 56% [146/259]; daclizumab beta, 55% [124/224]), followed by the T25FW (IM IFN beta-1a, 34% [89/259]; daclizumab beta, 33% [75/224]) and the 9HPT (IM IFN beta-1a, 6% [16/259]; daclizumab beta, 8% [17/224]). The rest of the patients progressed on ≥2 components at the same time.
- Daclizumab beta treatment resulted in a 20% relative reduction in risk of 24-week sustained MSFCS progression vs. IM IFN beta-1a (Figure 1) in the overall population.
- Similar results were observed for MSFCS progression using a ≥20% worsening of the 9HPT irrespective of the methodology employed for the 9HPT (Figure 1) and in subgroup analyses (data not shown).
- In subgroup analyses, point estimates showed consistent trends favouring daclizumab beta over IM IFN beta-1a across all subgroups investigated (Figure 2).

Table. Baseline demographics and disease characteristics

Characteristic	IM IFN beta-1a n=922	Daclizumab beta n=919
Mean (SD) age, y	36.2 (9.3)	36.4 (9.4)
White, n (%)	828 (90)	823 (90)
Mean (median) time since MS diagnosis, y	4.1 (2.0)	4.2 (2.0)
Mean (SD) no. of relapses in previous year	1.6 (0.8)	1.5 (0.7)
Mean (SD) no. of relapses in previous 3 years ^a	2.7 (1.3)	2.7 (1.2)
Baseline EDSS score		
Mean (SD)	2.5 (1.3)	2.5 (1.2)
Median (range)	2.2 (0–6.0)	2.0 (0–5.5)
Mean (SD) SDMT score ^b	47.7 (16.1)	48.5 (15.9)
Median (25 th , 75 th percentile) MSFC score ^c	0.118 (–0.377, 0.482)	0.139 (–0.335, 0.491)
MSFC components		
Median (25 th , 75 th percentile) T25FW z score	0.223 (–0.042, 0.372)	0.223 (–0.034, 0.372)
Median (25 th , 75 th percentile) 9HPT z score	0.035 (–0.622, 0.633)	0.065 (–0.597, 0.661)
Median (25 th , 75 th percentile) PASAT-3 z score ^c	0.264 (–0.619, 0.794)	0.352 (–0.531, 0.794)

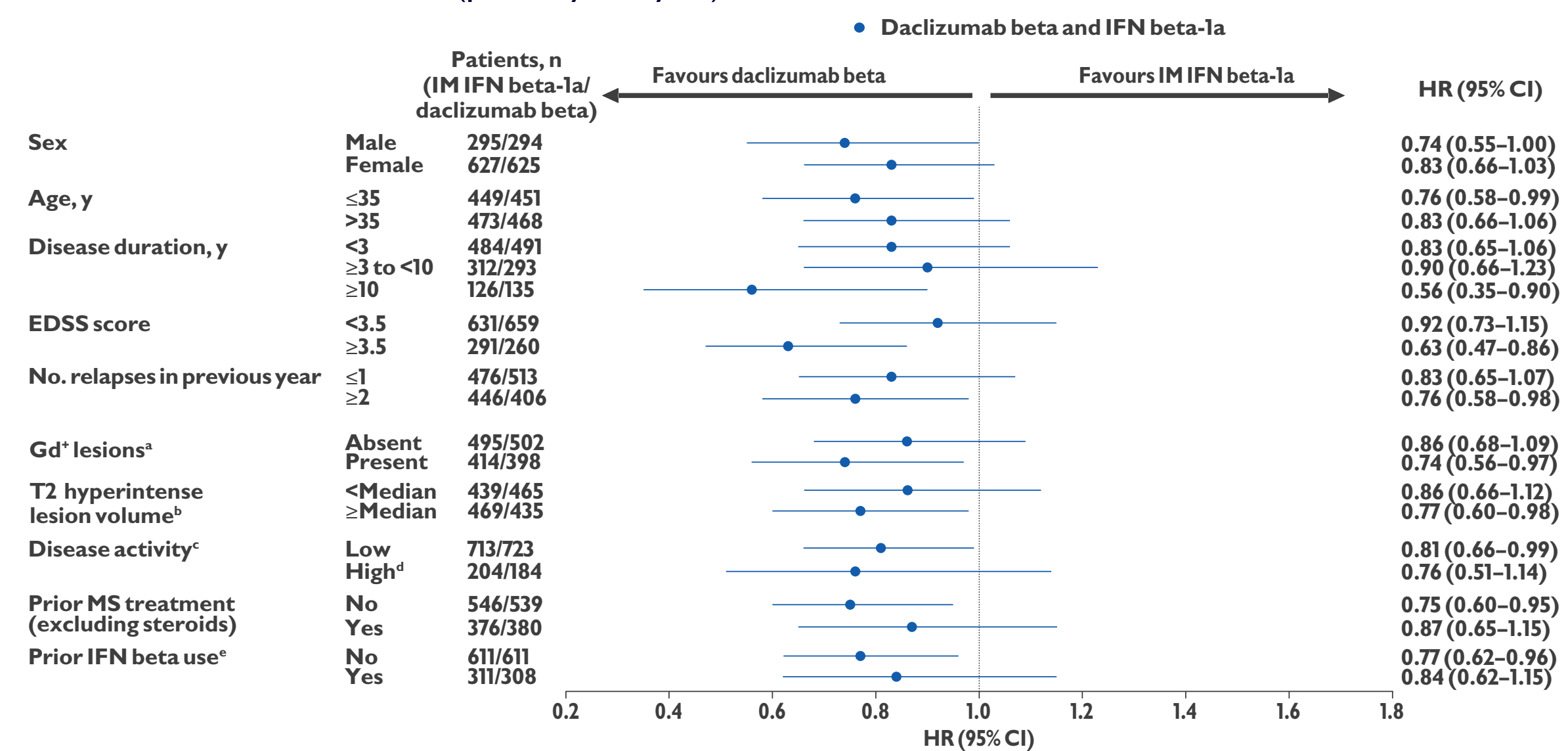
EDSS = Expanded Disability Status Scale; ^aDaclizumab beta, n=918; ^bIM IFN beta-1a, n=880; daclizumab beta, n=884; ^cIM IFN beta-1a, n=920; daclizumab beta, n=916

Figure 1. Percentage of patients who met the criteria for 24-week sustained MSFCS progression using 3 different 9HPT criteria: mean of both hands (primary analysis), either the dominant hand or the non-dominant hand and the dominant hand only



HR = hazard ratio; P values based on Cox proportional hazards model, adjusted by prior IFN beta use and Baseline age (≤35 vs. >35 years)

Figure 2. Forest plot for 24-week sustained MSFCS progression for daclizumab beta vs. IM IFN beta-1a by Baseline demographics and disease characteristics (primary analysis)



Gd* = gadolinium-enhancing; MS = multiple sclerosis; Time to sustained MSFCS progression was censored at Week 96 and analysed by a Cox proportional hazards model adjusted for prior IFN beta use (yes vs. no) and Baseline age (≤35 vs. >35 years), excluding covariates defining the subgroup for subgroup analyses. Subgroups with 95% CIs not crossing 1 have reached nominal significance (i.e., nominal P value < 0.05); ^aMissing data: IM IFN beta-1a, n=13; daclizumab beta, n=19; ^bMissing data: IM IFN beta-1a, n=14; daclizumab beta, n=19; ^cTwo or more relapses but missing Baseline Gd* data: IM IFN beta-1a, n=5; daclizumab beta, n=12. These patients were classified as missing; ^dDefined as ≥2 relapses in the year before randomisation and ≥1 Gd* lesions at Baseline; ^eIncludes IFN beta, IFN beta-1a and IFN beta-1b

CONCLUSIONS

- Daclizumab beta resulted in significantly reduced risk of 24-week sustained MSFCS progression vs. IM IFN beta-1a in the overall DECIDE population.
- The majority of patients with MSFCS progression worsened first on the SDMT, which may be a useful alternative to the PASAT-3 for detecting cognitive decline due to fewer practice effects.^{1,3}
- Point estimates showed consistent trends favouring daclizumab beta over IM IFN beta-1a across several clinically important patient subgroups, supporting the treatment effects seen in the overall population.
- These results are consistent with results from subgroup analyses of daclizumab beta vs. IM IFN beta-1a on 24-week confirmed disability progression assessed using the EDSS. When taken together, these results support the efficacy of daclizumab beta on 2 distinct measures of disability progression.

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*Daclizumab beta, approved as ZINBRYTA®, has a different form and structure than an earlier form of daclizumab beta.