

A CASE OF POSTERIOR CORTICAL ATROPHY WITH COMPLEX SET OF SYMPTOMS AND RAPID COURSE



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INTRODUCTION

Posterior Cortical Atrophy (PCA) is a neurodegenerative syndrome characterised by progressive occipital and parietal dysfunction, including visual symptoms (in the absence of ocular diseases), apraxia, alexia, acalculia, language deficit; myoclonus and extrapyramidal signs can be associated. Neuroimaging and functional imaging studies show characteristic posterior brain abnormalities. PCA is often related to Alzheimer Disease; less times other etiologies are responsible, such as Corticobasal Degeneration, Lewy Bodies Disease, and the Heidenhain variant of Creutzfeldt-Jakob disease.

CASE REPORT

A 62-year-old female came to our Department because of neurological disturbance since 3 month, presenting as visual disorientation; she was an elementary school teacher and she was temporarily away from work for severe anxious-depressive syndrome, because of her symptoms. Neurological examination point out a pure *Balint's Syndrome*, with optic ataxia, oculomotor apraxia, simultanagnosia. After 8 month, in consequence of a marked clinical worsening, she was hospitalized in Neurological Clinic. Than we observed a complex symptomatology characterized by pyramidal (diffusely brisk reflex, bilateral Babinski sign) and extrapyramidal (resting and postural tremor, wrist trochlea) signs, visual disturbances, grasping reflex, myoclonus.

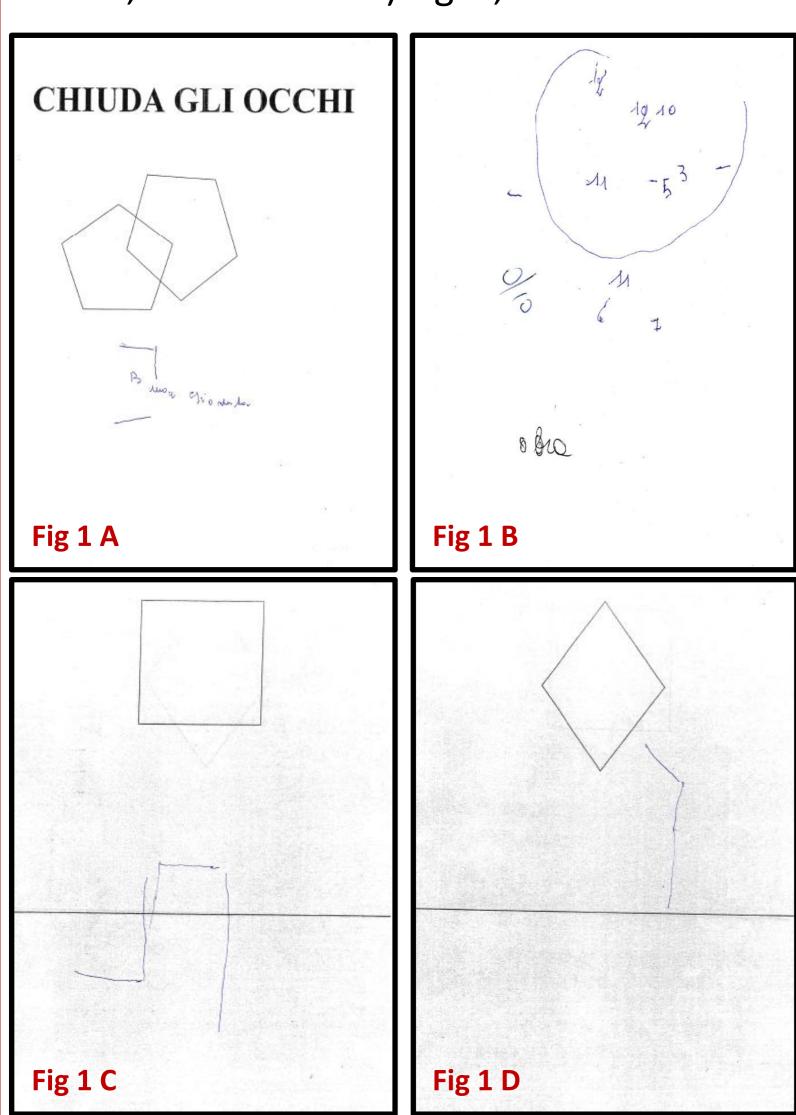


Fig 1 A MMSE showed a substantial integrity of spatial and temporal orientation and working memory, with falls in language and praxia. Fig 1 B Clock Drawing Test underlined a disorder of spatial knowledge, planning, executive function, and visuoconstructive skill. Fig 1 C-D By Test for constructional apraxia an early involvement of parietal and occipital cortex has been demonstrated.

Neuropsychological assessment evidenced moderate cognitive impairment (MMSE: 20/30 – Fig 1 A) and performance below normal in all tests administered, including tests to assess memory, attention and executive functions, with major compromising of visual, praxic and abstract reasoning functions (Fig 1 B-C-D).

CSF analysis remarked normal levels of 14.3.3 protein, tau and P-tau, low level of β -amyloid (317 pg/ml).

EEG was nonspecific, showing a diffuse slow activity, with occasional epileptic abnormalities in anterior regions.

Neuroimaging and functional imaging showed peculiar anomaly of posterior regions (Fig 2 A-B).

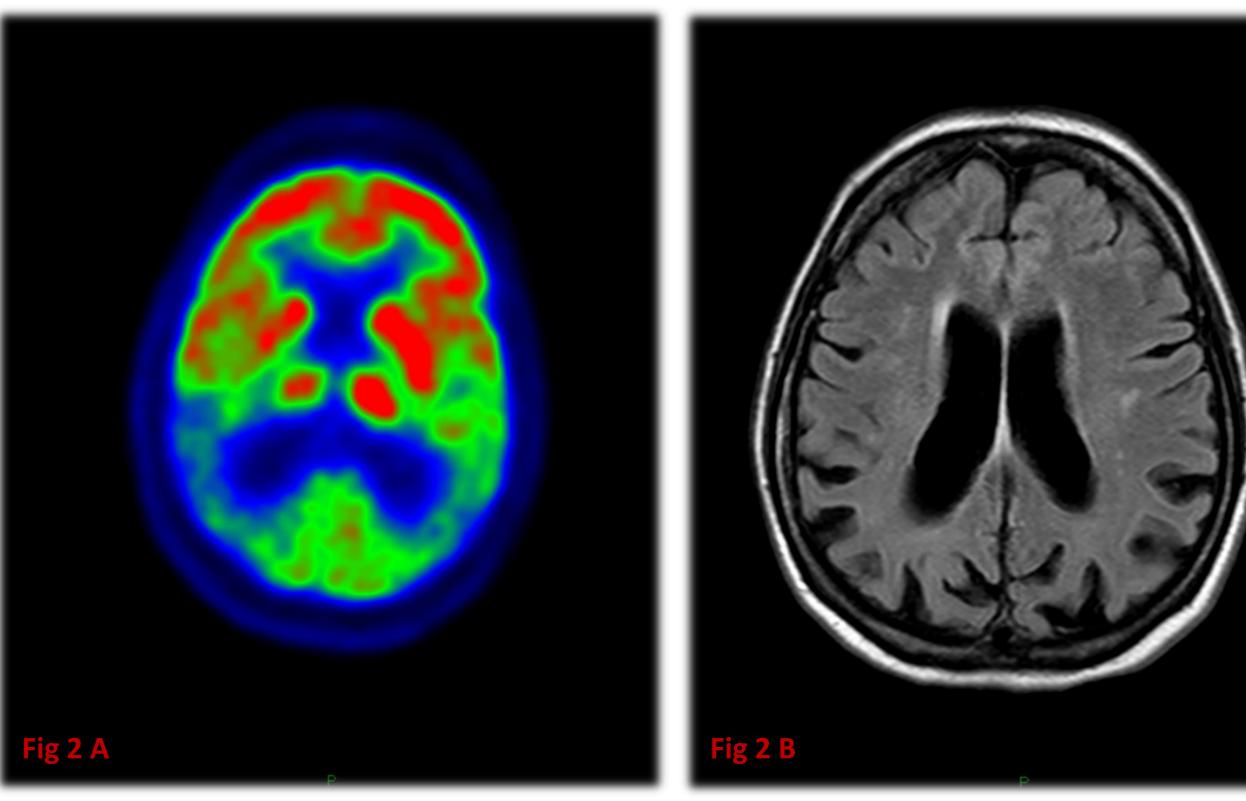


Fig 2 A Brain MRI (FLAIR sequences) showed bilateral posterior cortical atrophy. Fig 2 B Brain FDG-PET confirmed primary posterior hypometabolism.

On the basis of the clinical and neuropsychological features, supported by neuroimaging, according to diagnostic criteria, we diagnosed a PCA with unusual, very rapid, course.

CONCLUSION

PCA is a neurodegenerative disease pathologically related, in the majority of cases, to Alzheimer's Disease, as a visual variant; sometimes, PCA is associated with CorticoBasal Degeneration, Lewy Body's Disease, or Creutzfeldt-Jakob disease. This histopathological heterogeneity can reflected in a complex phenotype, that makes diagnosis difficult.

We describe a case of PCA, with typical visual symptoms, neuroimaging and CSF findings, unusual for the presence of less frequent (myoclonus) or even rare (tremor and grasping reflex) signs, as well as for a tumultuous course with a rapidly worsening dementia.

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