

REBOUND OF DISEASE ACTIVITY AFTER DISCONTINUATION OF NATALIZUMAB OR FINGOLIMOD CAN BE SUCCESSFULLY TREATED WITH AUTOLOGOUS HAEMATOPOIETIC STEM CELL TRANSPLANTATION

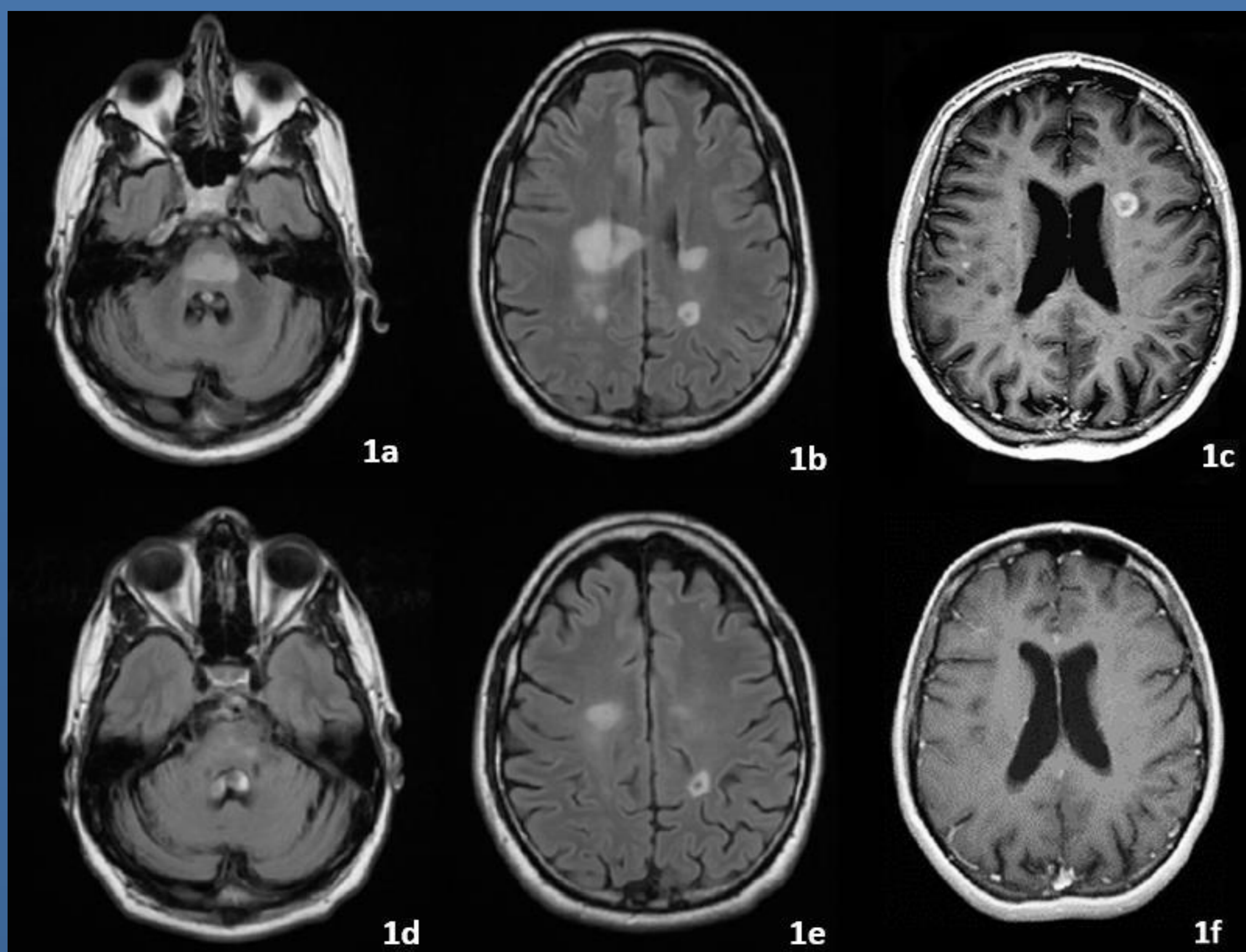
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Discontinuation of **natalizumab** (NTZ) and, more rarely, **fingolimod** (FTY) therapy can be followed by a **recurrence of disease activity** increasing to a level beyond the pre-treatment level, often resulting in **significant irreversible disability**. Several strategies to control the rebound of inflammatory activity have been tested with unsatisfactory results and yet the best therapeutic approach needs to be found. Here we report **two cases** of dramatic recurrence of disease activity after interruption of NTZ and FTY, successfully **treated with autologous haematopoietic stem cell transplantation** (AHSCT).



Patient #1 was treated for 7 years with NTZ and he was almost free from disease activity, but in January 2014 the therapy was suspended considering the high risk of developing a progressive multifocal leukoencephalopathy (PML). In April 2014 he experienced a **severe relapse** reaching a high disability level (EDSS 8), he was treated with plasmapheresis and i.v. cyclophosphamide (CY) with only partial recovery, followed by a new clinical relapse and persistent disease activity at MRI. It was decided to treat the patient with **intense immunosuppression with BEAM** (carmustine, cytarabine, etoposide and melphalan) **followed by AHSCT**. Transplantation was followed by a marked clinical improvement (EDSS 3) and disappearance of clinical and MRI activity.

Patient #2 was treated with FTY for 3 years, suspended for a planned pregnancy. Four months after the discontinuation of FTY a **severe relapse occurred** (EDSS 6.5). She was treated with steroids and i.v. CY, with only partial improvement and MRI signs of activity were still persistent. The patient was therefore treated with **intense immunosuppression followed by AHSCT**. After 9 months no relapses occurred (EDSS 3) and MRI does not show any evidence of disease activity.

Several studies have demonstrated that AHSCT has a profound effect on relapses and has the capacity to completely suppress MRI activity with an effect that is maintained with time. The present cases indicate that AHSCT can be a possible strategy in MS cases with a severe rebound of disease activity after discontinuation of NTZ or FTY treatment, unresponsive to the usual conventional therapies.

Figure 1. a-b MRI pre AHSCT pt.1. c MRI pre AHSCT pt.2. d-e MRI post AHSCT pt.1. f MRI post AHSCT pt.2.